

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS 12 COMMERCE	SUBJECT- ACCOUNTANCY
PT1	PART A
	UNIT - ACCOUNTING FOR PARTNERSHIP FIRMS
	1. FUNDAMENTALS
	2. GOODWILL
PT2	PART A
	UNIT - ACCOUNTING FOR PARTNERSHIP FIRMS
	1. ADMISSION OF A PARTNER
	2. RETIREMENT AND DEATH OF A PARTNER
	PART B
	1. FINANCIAL STATEMENT ANALYSIS
	i. STATEMENT OF PROFIT AND LOSS AND BALANCE SHEET
	ii. TOOLS OF ANALYSIS (COMPARITIVE AND COMMON SIZE)
TERM 1	PART A
	1. FUNDAMENTALS
	2. ADMISSION OF A PARTNER
	3. RETIREMENT AND DEATH OF A PARTNER
	4. DISSOLUTION OF FIRM
	PART B
	1. FINANCIAL STATEMENT ANALYSIS
	i. STATEMENT OF PROFIT AND LOSS AND BALANCE SHEET
	ii. TOOLS OF ANALYSIS (COMPARITIVE AND COMMON SIZE)
	iii. RATIO ANALYSIS
PT 3	PART A
	1. ACCOUNTING FOR SHARE CAPITAL
	2. ACCOUNTING FOR DEBENTURES
	PART B
	1. FINANCIAL STATEMENT ANALYSIS
	i. CASH FLOW STATEMENT
PRE - BOARDS	PART A
	1. ACCOUNTING FOR PARTNERSHIP FIRMS
	2. ACCOUNTING FOR COMPANIES
	PART B
	1. ANALYSIS OF FINANCIAL STATEMENTS
	2. CASH FLOW STATEMENT

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS 12 COMMERCE	SUBJECT- BUSINESS STUDIES
NAME OF THE EXAMINATION	CHAPTER NAME
PT1	PART A
	1. NATURE AND SIGNIFICANCE OF MANAGEMENT
	PART B
	9. FINANCIAL MANAGEMENT
PT2	PART A
	2. PRINCIPLES OF MANAGEMENT
	3. BUSINESS ENVIRONMENT
	4. PLANNING
	PART B
	10. FINANCIAL MARKETS
	11. MARKETING MANAGEMENT
TERM 1	PART A
	1. NATURE AND SIGNIFICANCE OF MANAGEMENT
	2. PRINCIPLES OF MANAGEMENT
	3. BUSINESS ENVIRONMENT
	4. PLANNING
	5. ORGANISING
	PART B
	9. FINANCIAL MANAGEMENT
	10. FINANCIAL MARKETS
	11. MARKETING MANAGEMENT
PT 3	PART A
	6. STAFFING
	7. DIRECTING
	8. CONTROLLING
	PART B
	12. CONSUMER PROTECTION
PRE - BOARDS	PART A
	PRINCIPLES AND FUNCTIONS OF MANAGEMENT
	PART B
	BUSINESS FINANCE AND MARKETING

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS 12 COMMERCE	SUBJECT- COST ACCOUNTING
NAME OF THE EXAMINATION	CHAPTER NAME
PT 1	UNIT 1 Single or output costing
PT2	UNIT2 Job and Batch costing ; UNIT 3 Contract Costing
Term I	UNIT 1,2,3 and UNIT 4 Process Costing
PT 3	UNIT 5 Operating or Service Costing ; UNIT 6 Reconcilliation of Cost and Financial Accounts
Pre Boards	UNIT 1,2,3, 4 ,5 AND 6

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS 12 COMMERCE	SUBJECT- TAXATION
NAME OF THE EXAMINATION	CHAPTER NAME
PT 1	UNIT 1 DEDUCTION FROM GROSS TOTAL INCOME
PT2	UNIT 2 COMPUTATION OF TAX LIABILITY OF INDIVIDUAL UNIT 3 TDS AND ADVANCE PAYMENT OF TAX
Term I	UNIT 1 ,2 AND 3
PT 3	UNIT 4 GOODS AND SERVICE TAX (GST)
Pre Boards	UNIT 1,2,3, 4 ,5 AND 6

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS 12 COMMERCE	SUBJECT- Economics
NAME OF THE EXAMINATION	CHAPTER NAME
PT1	Macroeconomics CH 1- Introduction, CH 2- National Income Accounting
	PART B INDIAN ECONOMIC DEVELOPMENT
	UNIT I: CH 1-Indian economy on the eve of Independence; CH-2-Indian economy 1950-1990
PT2	Macroeconomics CH 2- National Income Accounting , CH 3- Money and Banking
	PART B INDIAN ECONOMIC DEVELOPMENT
	UNIT II-CH 3-Liberalisation,Privatisation and Globalisation
TERM 1	Macroeconomics
	CH 1 Introduction , CH- 2 National Income Accounting
	CH 3- Money and Banking, CH 4- Income Determination
	PART B INDIAN ECONOMIC DEVELOPMENT
	Unit-1-CH 1-Indian economy on the eve of Independence; CH 2-Indian economy 1950-1990
	Unit-II -Ch-3-Liberalisation,Privatisation and Globalisation
	Unit III-Ch-4-Human capital formation in India
	Ch-5-Rural Development
PT 3	Macroeconomics, CH 5- The Government: Budget And The Economy, CH 6- Open Economy Macroeconomics
	PART B INDIAN ECONOMIC DEVELOPMENT
	Unit -III Ch-6-Employment
	Ch-7-Environment and Sustainable development
PRE - BOARDS	PART A
	MACROECONOMICS
	CH 1- Introduction, CH 2- National Income Accounting
	CH 3- Money and Banking, CH 4- Income Determination
	CH 5- The Government: Budget And The Economy, CH 6- Open Economy Macroeconomics
	PART B
	INDIAN ECONOMIC DEVELOPMENT
	Ch-1 Indian Economy on the eve of Independence; Ch-2 -Indian Economy-1950-1990
	Ch-3-Liberalisation,Privatisation,Globalisation; Ch-4 Human Capital formation in India
	Ch-5-Rural Development ; Ch-6 Employment ; Ch-7 Environment and Sustainable development
	Ch-8-Comparative development experiences of India and its neighbours

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS - XII	SUBJECT: MATHEMATICS
NAME OF THE EXAMINATION	CHAPTERS NAME
PT-1	1.Matrices(Ch-3)
	2.Determinants(Ch-4)
PT-2	1.Relation and Functions(Ch-1)
	2.Inverse trigonometric functions(Ch-2)
	3.Vector Algebra(Ch-10) Revision chapter:Determinants(Ch-4)
Term-1	1.Linear programming problem(Ch-12)
	2.Continuity and Differentiability(Ch-5)
	3.Application of derivatives(Ch-6)
	4.Integrals(Ch-7)
	Revision chapters from PT1 and PT2
PT-3	1.3D Geometry(Ch-11)
	Revision chapters: Integrals and vector algebra
Pre-Board	1.Application of Integrals(Ch-8)
	2.Probability(Ch-13)
	3.Differential equations(ch-9)
	Revision chapters from Term1 and PT3

BIHANI ACADEMY

SESSION - 2023-24

CLASS - XII

SUBJECT- IT

NAME OF THE EXAMINATION	CHAPTER NAME
PT-1	CH-1 DATABASE CONCEPTS
	EMPLOYBILITY SKILLS
	CH-3 Information and Communication Technology Skills
PT-2	CH-1 DATABASE CONCEPTS
	CH-2 OPERATING WEB
	EMPLOYBILITY SKILLS
	CH-4 Entrepreneurship Skills
Term-1	CH-1 DATABASE CONCEPTS
	CH-2 OPERATING WEB
	CH-3 FUNDAMENTALS OF JAVA PROGRAMMING
	EMPLOYBILITY SKILLS
	CH-4 Entrepreneurship Skills
	CH-3 Information and Communication Technology Skills
PT-3	CH-3 FUNDAMENTALS OF JAVA PROGRAMMING
	EMPLOYBILITY SKILLS
	CH-1 COMMUNICATION SKILLS
Pre-Board	CH-1 DATABASE CONCEPTS
	CH-2 OPERATING WEB
	CH-3 FUNDAMENTALS OF JAVA PROGRAMMING
	CH-4 WORK INTEGRATED LEARNING IT-DMA
	EMPLOYBILITY SKILLS
	CH-1 COMMUNICATION SKILLS
	CH-2 SELF MANAGEMENT SKILLS
	CH-3 Information and Communication Technology Skills
	CH-4 Entrepreneurship Skills
	CH-5 GREEN SKILLS

BIHANI ACADEMY

SESSION - 2023-24

CLASS - XII

SUBJECT- Computer Science

NAME OF THE EXAMINATION	CHAPTER NAME
PT1	CH-1 REVIEW OF PYTHON BASICS
	CH-2 FUNCTIONS
PT-2	CH-2 FUNCTIONS
	CH-4 DATA FILE HANDLING
Term-1	CH-1 REVIEW OF PYTHON BASICS
	CH-2 FUNCTIONS
	CH-6 COMPUTER NETWORKS
	CH-4 DATA FILE HANDLING
	CH-5 DATA STRUCTURES IN PYTHON
PT-3	CH-5 DATA STRUCTURES IN PYTHON
	CH-7 RELATIONAL DATABASE AND SQL
Pre-Board	CH-1 REVIEW OF PYTHON BASICS
	CH-2 FUNCTIONS
	CH-4 DATA FILE HANDLING
	CH-5 DATA STRUCTURES IN PYTHON
	CH-6 COMPUTER NETWORKS
	CH-7 RELATIONAL DATABASE AND SQL
	CH-8 INTERFACE PYTHON WITH SQL

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS - XII	SUBJECT- ENGLISH
NAME OF THE EXAMINATION	CHAPTER NAME
PT-1	1. The Last Lesson
	2. My Mother at Sixty Six
	3. Lost Spring
PT-2	1. Deep Water
	2. Keeping Quiet
	3. The Third Level
	4. Letter of Application
HALF YEARLY	LITERATURE
	1. Lost Spring
	2. Deep Water
	3. The Rattrap
	4. Indigo
	5. Going Places
	6. A Thing of Beauty
	7. A Roadside Stand
	8. Aunt Jennifer's Tigers
	9. Keeping Quiet
	10. The Tiger King
	11. Journey to the End of the Earth
	12. The Enemy
	13. Memories of Childhood
	LANGUAGE
	14. Reading Comprehension
	15. Letter of Application
	16. Notice Writing
	17. Article Writing
PT-3	1. Poets and Pancakes
	2. My Mother at Sixty Six
	3. Article Writing
PRE-BOARD	LITERATURE
	1.The Last Lesson
	2. Lost Spring
	3. Deep Water
	4. The Rattrap
	5. Indigo
	6. Poets and Pancakes
	7. The Interview
	8. Going Places
	9. My Mother at Sixty Six
	10. Keeping Quiet
	11. A Thing of Beauty
	12. A Roadside Stand
	13. Aunt Jennifer's Tigers
	14. The Third Level
	15. The Tiger King
	16. Journey to the End of the Earth
	17. The Enemy
	18. On the Face of it
	19. Memories of Childhood
	LANGUAGE
	14. Formal & Informal Invitation Cards or Replies to Invitations
	15. Letter of Application for a job
	16. Article Writing
	17. Notice Writing
	18. Report Writing
	19. Reading Comprehension

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS - XI	SUBJECT- PSYCHOLOGY
NAME OF THE EXAMINATION	CHAPTER NAME
PT - 1	Ch- 3 - Meeting Life Changes.
	Ch- 4 - Psychological Disorders.
PT-2	Ch-1- Variations in Psychological Attributes.
	Ch- 2- Self and Personality.
TERM-1	Ch-1- Variations in Psychological Attributes.
	Ch- 2- Self and Personality.
	Ch- 4 - Psychological Disorders.
	Ch- 5 - Theraputic approaches.
PT-3	Ch- 6 - Attitude and Social Cognition.
	Ch- 7 - Social Influence and group processes.
PRE-BOARDS	Ch-1- Variations in Psychological Attributes.
	Ch- 2- Self and Personality
	Ch- 3 - Meeting Life Changes.
	Ch- 4 - Psychological Disorders.
	Ch- 5 - Theraputic approaches.
	Ch- 6 - Attitude and Social Cognition.
	Ch- 7 - Social Influence and group processes.

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS - XII	SUBJECT- POLITICAL SCIENCE
NAME OF THE EXAMINATION	CHAPTER NAME
PT-1	Book- Contemporary World Politics
	Ch- The End Of Bipolarity
	Book- Politics in India Since Independence
	Ch- Challenges of Nation Building
PT-2	Book- Contemporary World Politics
	Ch- Contemporary Centres of Power
	Book- Politics in India Since Independence
	Ch- Politics of Planned Development
TERM-1	Ch- Era of One-Party Dominance
	Book- Contemporary World Politics
	Ch- The End Of Bipolarity
	Ch-International Organizations
	Book- Politics in India Since Independence
	Ch- Challenges of Nation Building
	Ch- Politics of Planned Development
PT-3	Ch- Era of One-Party Dominance
	Ch- India's External Relations
	Book- Contemporary World Politics
	Ch- Contemporary South Asia
	Ch- Security in the Contemporary World
	Book- Politics in India Since Independence
PRE-BOARD	Ch- Challenges to and Restoration of the Congress System
	Ch-The Crisis of Democratic Order
	Book- Contemporary World Politics
	Ch- Environment and National Resources
	Ch- Globalization
	Ch- New centres of power
	Ch- International Organization
	Ch- End of Bipolarity
	Ch- South Asia and the Contemporary World
	Ch- Security in the Contemporary World
	Book- Politics in India Since Independence
	Ch- Challenges of Nation Building
	Ch-Era of One-Party Dominance
	Ch- Politics of Planned Development
	Ch- India's External Relations
	Ch-Challenges to and Restoration of the Congress System
	Ch- The Crisis of Democratic Order
	Ch- Regional Aspirations
	Ch- Recent Developments in Indian Politics

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS - XII	SUBJECT- HISTORY
NAME OF THE EXAMINATION	CHAPTER NAME
PT-1	Ch- 1 Bricks Beads and Bones
	Ch-2 Kings Farmers and Towns
PT-2	Ch-3 Kinship Cast and Class
	Ch- 4 Thinkers beliefs and Buildings
	Ch- 5 Through ther eyes of the Travellers
TERM-1	Ch- 1 Bricks Beads and Bones
	Ch-2 Kings Farmers and Towns
	Ch-3 Kinship Cast and Class
	Ch- 4 Thinkers beliefs and Buildings
	Ch- 5 Through ther eyes of the travellers
	Ch-6 Bhakti Sufi Traditions
	Ch- 7 An Imperial Capital: Vijaynagara
	Ch- 8 Peasents Zamindars and the States
PT-3	Ch 10- Colonialism and the Countryside
	Ch-11 Rebelsa and Raj
PRE-BOARD	Ch- 1 Bricks Beads and Bones
	Ch-2 Kings Farmers and Towns
	Ch-3 Kinship Cast and Class
	Ch- 4 Thinkers beliefs and Buildings
	Ch- 5 Through ther eyes of the Travellers
	Ch-6 Bhakti Sufi Traditions
	Ch- 7 An Imperial Capital: Vijaynagara
	Ch- 8 Peasents Zamindars and the States
	Ch 10- Colonialism and the Countryside
	Ch-11 Rebelsa and Raj
	Ch- 13 Mahatm Gandhi and the Nationalist Movement
	Ch- 15 Framing the Constitution

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS - XII	SUBJECT- GEOGRAPHY
NAME OF THE EXAMINATION	CHAPTER NAME
PT-1	BOOK-1 Ch-1 Human Geography Nature and Scope
	BOOK-2 Ch-1 Population : Distribution, Density, Growth and Composition
PT-2	BOOK-1 Ch-2 The World Population Distribution, Density and Growth
	BOOK-1 Ch-3 Human Development
	BOOK-2 Ch-2 Human Settlement
	PRACTICAL - Ch-1 Data-Its sources and Compilation
	PRACTICAL - Ch-2 Data Processing
HALF-YEARLY	BOOK-1 Ch-4 Primary Activities
	BOOK-1 Ch-5 Secondary Activities
	BOOK-1 Ch-6 Tertiary and Quaternary Activities
	BOOK-2 Ch-3 Land Resources and Agriculture
	BOOK-2 Ch-4 Water Resources
	BOOK-2 Ch-5 Mineral and Energy Resources
	BOOK-2 Ch-6 Planning and Sustainable Development in Indian Context
	PRACTICAL - Ch-3 Graphical Representation of Data
PT-3	BOOK-1 Ch-7 Transport, Communication and Trade
	BOOK-2 Ch-8 International Trade
	PRACTICAL - Ch-4 Spatial Information Technology
PRE-BOARD	BOOK-1 Ch-7 Transport, Communication and Trade
	BOOK-1 Ch-8 International Trade
	BOOK-1 Ch-1 Human Geography Nature and Scope
	BOOK-1 Ch-2 The World Population Distribution, Density and Growth
	BOOK-1 Ch-3 Human Development
	BOOK-1 Ch-4 Primary Activities
	BOOK-1 Ch-5 Secondary Activities
	BOOK-1 Ch-6 Tertiary and Quaternary Activities
	BOOK-2 Ch-7 Transport and Communication
	BOOK-2 Ch-8 International Trade
	BOOK-2 Ch-9 Geographical Perspective on Selected Issues and Problems
	BOOK-2 Ch-1 Population : Distribution, Density, Growth and Composition
	BOOK-2 Ch-2 Human Settlement
	BOOK-2 Ch-3 Land Resources and Agriculture
	BOOK-2 Ch-4 Water Resources
	BOOK-2 Ch-5 Mineral and Energy Resources
	BOOK-2 Ch-6 Planning and Sustainable Development in Indian Context
	PRACTICAL - CH 1,2,3,4

BIHANI ACADEMY	
SESSION - 2024-25	
CLASS - XII	SUBJECT- SOCIOLOGY
NAME OF THE EXAMINATION	CHAPTER NAME
PT-1	INDIAN SOCIETY: Chap 1- Introducing Indian Society
	INDIAN SOCIETY: Chap 2- The Demographic Structure of Indian Society
PT-2	INDIAN SOCIETY: Chap 3- Social Institutions- Continuity and Change
	INDIAN SOCIETY: Chap 4- Market as a Social Institution
TERM-1	INDIAN SOCIETY: Chap 2- The Demographic Structure of Indian Society
	INDIAN SOCIETY: Chap 3- Social Institutions- Continuity and Change
	INDIAN SOCIETY: Chap 4- Market as a Social Institution
	INDIAN SOCIETY: Chap 5- Patterns of Social Inequality and Exclusion
	INDIAN SOCIETY: Chap 6- Challenges of Cultural Diversity
PT-3	SOCIAL CHANGE AND DEVELOPMENT IN INDIA: Chap 1- Structural Change
	SOCIAL CHANGE AND DEVELOPMENT IN INDIA: Chap 2- Cultural Change
	SOCIAL CHANGE AND DEVELOPMENT IN INDIA: Chap 3- The Story of Indian Democracy
PRE-BOARD	SOCIAL CHANGE AND DEVELOPMENT IN INDIA: Chap 1- Structural Change
	SOCIAL CHANGE AND DEVELOPMENT IN INDIA: Chap 2- Cultural Change
	SOCIAL CHANGE AND DEVELOPMENT IN INDIA: Chap 3- The Story of Indian Democracy
	SOCIAL CHANGE AND DEVELOPMENT IN INDIA: Chap 4- Change and Development in Rural Society
	SOCIAL CHANGE AND DEVELOPMENT IN INDIA: Chap 5- Change and Development in Industrial Society
	SOCIAL CHANGE AND DEVELOPMENT IN INDIA: Chap 6- Globalisation and Social Change
	SOCIAL CHANGE AND DEVELOPMENT IN INDIA: Chap 7- Mass Media and Communications
	SOCIAL CHANGE AND DEVELOPMENT IN INDIA: Chap 8- Social Movements
	INDIAN SOCIETY: Chap 2- The Demographic Structure of Indian Society
	INDIAN SOCIETY: Chap 3- Social Institutions- Continuity and Change
	INDIAN SOCIETY: Chap 4- Market as a Social Institution
	INDIAN SOCIETY: Chap 5- Patterns of Social Inequality and Exclusion
	INDIAN SOCIETY: Chap 6- Challenges of Cultural Diversity

BIHANI ACADEMY**SESSION - 2024-25****SYLLABUS FOR GRADE - XII SCIENCE**

EXAM NAME	SCIENCE	CHAPTER NAME
PT-1	PHYSICS	Chapter 1 Electric Charges And Fields; Chapter 2 Electrostatic Potential And Capacitance
	CHEMISTRY	CH-1 SOLUTION , CH-2 ELETRO CHEMISTRY
	BIOLOGY	Ch-2:Sexual Reproduction in Flowering Plants; Ch-5:Principles of Inheritance and Variation
PT-2	PHYSICS	Chapter 3 Current Electricity; Chapter 4 Moving Charges and Magnetism; Chapter 5 Magnetism And Matter;
	CHEMISTRY	CH-1 SOLUTION , CH-2 ELETRO CHEMISTRY , CH-7 Haloalkanes and haloarenes
	BIOLOGY	Ch-3:Human Reproduction; Ch-6:Molecular Basis of Inheritance + Chapters of PT-1.
HALF YEARLY EXAMINATION	PHYSICS	Chapter 1 Electric Charges And Fields; Chapter 2 Electrostatic Potential And Capacitance; Chapter 3 Current Electricity; Chapter 4 Moving Charges and Magnetism; Chapter 5 Magnetism And Matter; Chapter 6 Electromagnetic Induction; Chapter 7 Alternating Current; Chapter 8 Electromagnetic Waves
	CHEMISTRY	CH-1 SOLUTION , CH-2 ELETRO CHEMISTRY , CH-3 CHEMICAL KINETICS , CH-5 COORDINATION COMPOUNDS , CH-6 HALOALKANES & HALO ARENES , CH-7 ALCOHOL , PHENOL & ETHERS
	BIOLOGY	Ch-4:Reproductive Health; Ch-7:Evolution; Ch-8:Human Health and Diseases; Ch-11:Biotechnology-Principles and Processes; Ch-14:Ecosystem; + Chapters of PT-2.
PT-3	PHYSICS	Chapter 8 Electromagnetic Waves; Chapter 9 Ray Optics and Optical Instruments Chapter 10 Wave Optics
	CHEMISTRY	CH-4 d & f BLOCK ELEMENTS , CH-7 ALCOHOL , PHENOL & ETHERS , CH-8 ALDEHYDE KETONES & CARBOXYLIC ACIDS ,
	BIOLOGY	Ch-10:Miccrobres in Human Welfare; Ch-12:Biotechnology and It's Applications; + Chapters of HYE.
PRE-BOARD EXAMINATION	PHYSICS	FULL SYLLABUS
	CHEMISTRY	
	BIOLOGY	

BIHANI ACADEMY		
SESSION - 2024 - 25		
Class - XII	Sub - Physical Education	
PT - I	PE	Unit - 1: Management of Sporting Events
		Unit - 2: Children and Women in Sports
PT - II		Unit - 1: Management of Sporting Events
		Unit - 2: Children and Women in Sports
		Unit - 3: Yoga as Preventive measure for Lifestyle Disease
		Unit - 4: Physical Education and Sports for CWSN (Children with Special Needs - Divyang)
		Half Yearly
Unit - 2: Children and Women in Sports		
Unit - 3: Yoga as Preventive measure for Lifestyle Disease		
Unit - 4: Physical Education and Sports for CWSN (Children with Special Needs - Divyang)		
Unit - 5: Sports & Nutrition		
PT - III		Unit - 6: Test & Measurement in Sports
		Unit - 7: Physiology & Injuries in Sports
PRE BOARD		Unit - 1: Management of Sporting Events
		Unit - 2: Children and Women in Sports
		Unit - 3: Yoga as Preventive measure for Lifestyle Disease
		Unit - 4: Physical Education and Sports for CWSN (Children with Special Needs - Divyang)
		Unit - 5: Sports & Nutrition
		Unit - 6: Test & Measurement in Sports
		Unit - 7: Physiology & Injuries in Sports
		Unit - 8: Biomechanics and Sports
		Unit - 9: Psychology and Sports
		Unit - 10: Training in Sports

BIHANI ACADEMY		
SESSION - 2024 - 25		
Class - XII	Sub - YOGA	
PT - I	YOGA	Employability skills: Unit II - Self management skills - IV
		Subject specific skills: Unit I - Introduction to Yoga and Yogic Practices - II
PT - II		Employability skills: Unit II - Self management skills - IV
		Unit III - ICT Skills - IV
		Subject specific skills: Unit I - Introduction to Yoga and Yogic Practices - II
Half Yearly		Employability skills: Unit II - Self management skills - IV
		Unit III - ICT Skills - IV
		Subject specific skills: Unit I - Introduction to Yoga and Yogic Practices - II
		Unit II - Introduction to Yoga - II
PT - III		Employability skills: Unit IV - Entrepreneurial skills - IV
		Subject specific skills: Unit III - Yoga for Health Promotion - II
PRE BOARD		Employability skills: Unit II - Self management skills - IV
		Unit III - ICT Skills - IV
		Unit IV - Entrepreneurial skills - IV
		Subject specific skills: Unit I - Introduction to Yoga and Yogic Practices - II
		Unit II - Introduction to Yoga - II
		Unit III - Yoga for Health Promotion - II